



## **Toronto Chinese Road Bike Club**

We are a road bike cycling club offering regular weekly rides. Our rides are rigorous enough for the most intense riders, and include shorter loops for those wanting a less challenging ride. In all our rides we stress the enjoyment and social nature of cycling.

New members are always welcome!

With a focus of getting everyone out on their bikes, TCRBC offers a variety of weekly rides for riders of all abilities. Groups of like abilities will ride together as required and overall group size permits. Joining the club requires a yearly membership which expires on Dec 31st of the calendar year. The membership costs cover the necessary OCA membership and club administration fees.

All riders must complete the online TCRBC registration link before joining a ride. Please take a moment to read through the other documents provided on this site to help ensure a fun and safe group ride. Group Ride Etiquette / Risk Management, club members will be informed of upcoming TCRBC group rides, events and news. Join today and be a part of the fun.

## **Club Rides**

All club ride participants must wear an approved bicycle helmet and be riding a safe and appropriate bike. Club ride leaders have the authority to refuse a member from participating in any club ride if they or their equipment puts the safety of any other member in jeopardy. It is encouraged that all riders carry the necessary tools to perform basic roadside maintenance, at a minimum this should include a multi tool, spare tube and pump.

All ride schedules and routes may be altered as a result of the weather. Be sure to check facebook group page and/or What's App member group for any changes or cancellations.

The TCRBC is a locally-based volunteer run non-profit organization affiliated with the Ontario Cycling Association. The club offers rides to its members on Sunday each week.

The rides cover a wide range of fitness and abilities with great opportunities for skill enhancement as well. From the most casual-paced to competitive road cycling, we try very hard to reach all interests and age groups.

Our aim is to provide group cycling to all interested Richmond Hill area cyclists. As passionate pedallers, we recognize that cycling is more fun when you ride with others. There's no better source of motivation, networking, being social, sharing knowledge, and camaraderie than your fellow riders.



## **How to Join**

Membership in the TCRBC is on a calendar year basis, which includes club dues \$25 as well as the mandatory Ontario Cycling Association (OCA) insurance fee setup by OCA each year.

Here's how you join:

1. Register online at CCN bikes (Please go to our facebook page TCRBC for a link)
2. Download and read this club rule and risk management plan.
3. Download, print and sign the waiver for riders under-18. Over-18 riders can complete their waiver forms through CCN online site.
5. Print TCRBC membership card and bring it to all rides.
6. Ride.

## ***The fine print:***

- You are eligible for an OCA insurance fee deduction with a valid UCI/CCA race license, OCA citizens permit, or current membership in another OCA-affiliated club, and may indicate so during the registration process and avoid being charged the OCA insurance fee.
- By joining the TCRBC you must understand that while we take steps to make the rides and other events as good as we can, there are always risks.
- Please be sure to read the risk management plan and understand the application form and waivers.
- The TCRBC cannot allow non-members to join our rides. You can, however, sign up for the OCA's 'try-a-ride' program, which enables you to try out any club ride for one ride.

## **Warning and Complaint Procedures**

- Members that violate the rules will receive verbal warning. Any infraction after the member receive a second verbal warning, which will follow with a letter and receive a 2-week suspension to group ride. If there is a third infraction, membership will be permanently terminated and no membership fee will be refunded.
- All complaints must be sent to President via club email with the issues and a witness. At that time, the committee will assess and determine required actions.
- Please respect to all riders with no spitting, and foul language. As well please be considerate to keep our environment clean – no littering.



### **Group ride information**

The Toronto Chinese Road Bike Club offers weekly rides throughout the season which usually run from April to October at the mercy of mother nature. All rides begin from TD Bank Parking lot @ ElginMills & Leslie intersection.

Each ride will organize cyclists into respective groups base on ride ability – Beginner and Intermediate:

- Beginners – around 50KM in distance @ 25 KM/H
- Intermediate riders – around 75KM in distance @ 32 KM/H
- Although these rides are aimed for cyclists in need of a challenge with occasional stop for mid-ride refueling, those who are struggling will be encouraged to head back on their own.

### **Important information that applies to all rides:**

- All rides depart promptly at the designated start time, and are cancelled in case of rain or snow. Information on cancellations will be posted on the main page of the facebook page and/or member What's App group 30 minutes for the scheduled start time.
- Club membership cards must be presented at the beginning of each club ride.
- Due to insurance restrictions we cannot allow non-members to join our rides.
- Bicycles must be in good mechanical order.
- A certified helmet must be worn at all times.
- Members are responsible for bringing enough food, water, tools, and supplies to last for the entire ride.
- All participants must abide by the TCRBC Risk Management Plan and the Highway Traffic Act.